

Patient Information Sheet

Euflexxa

Interventional Pain Management in Osteoarthritis



**1% Sodium Hyaluronate
Bulk Billed**

The mechanism of action of Euflexxa involves utilizing a synthetic version of hyaluronan, a naturally occurring viscous and elastic substance found in normal synovial joint fluid. This substance is injected directly into the joint, leading to various beneficial effects:

Lubrication and Shock Absorption: Euflexxa enhances joint function by providing lubrication and aiding in shock absorption within the joint.	Anti-inflammatory Actions: It exhibits anti-inflammatory properties, which help reduce inflammation and associated discomfort.	Analgesic Properties: Euflexxa possesses analgesic qualities, contributing to pain relief in the affected joint.	Stimulation of Normal Joint Fluid Production: It stimulates the production of normal, non-inflamed joint fluid, promoting joint health.	Protection of Residual Cartilage: Euflexxa safeguards the remaining cartilage within the joint, potentially slowing down further deterioration.
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Euflexxa effectively can be used for mild - moderate degenerative changes of the knee.

For optimal results, it is recommended to administer Euflexxa in a joint that is non-swollen and less inflamed. To achieve this, any excess fluid in the joint should be removed and treated with cortisone 2-4 weeks before starting Euflexxa treatment. Your doctor may also include a referral for ultrasound and joint effusion aspiration along with the Euflexxa referral.

The treatment procedure involves a series of three injections performed at intervals of 1-2 weeks.

The injections are conducted under sterile CT guidance by a medical professional and typically take 10-15 minutes to complete. After the procedure, patients are usually able to drive themselves. During the initial 48 hours following the injection, it is advisable to avoid activities that may worsen the joint symptoms. The maximum effect of the treatment is usually observed around 8 weeks after the first injection. The beneficial effects of Euflexxa can last beyond 6 months, and the treatment can be repeated twice a year if needed.



Side effects and risks associated with the treatment may include:

- **Temporary Joint Swelling or Stiffness:** Some individuals may experience transient swelling or stiffness in the treated joint, which usually resolves on its own.
- **Bruising or Mild-Moderate Temporary Pain:** It is possible to have bruising or mild to moderate temporary pain at the injection site. However, these effects are typically short-lived.
- **Rare Risk of Infection:** While rare, there is a possibility of infection. If you develop a fever along with joint pain, swelling, redness, and warmth in the week following the injection, it is essential to immediately contact your doctor and proRAD medical Imaging.
- **Addressing Concerns:** If you have any other concerns related to the treatment, please feel free to contact the reception for further assistance and guidance.

LOCATION

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